

*Companion Animal  
Association of Arizona, Inc.*



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**May I Go?**

May I go now?  
Do you think the time is right?  
May i say good-bye to pain-filled days  
and endless lonely nights?  
I've lived my life and done my best,  
an example tried to be.  
So I can take that step beyond  
and set my spirit free?  
I didn't want to go at first;  
I fought with all my might.  
But something seems to draw me now  
to a warm and loving light.  
I want to go.  
I really do.  
It's difficult to stay.  
But I will try as best I can  
to live just one more day,  
To give you time to care for me  
and share your love and fears.  
I know you're sad and afraid,  
because I see your tears.  
I'll not be far,  
I promise that, and hope you'll always know  
that my spirit will be close to you,  
wherever you may go.  
Thank you so for loving me.  
You know I love you too;

That's why it's hard to say good-bye  
and end this life with you.  
So hold me now, just one more time  
and let me hear you say,  
because you care so much for me,  
you'll let me go today.

By Susan A. Jackson