APRIL - MAY, 2020 NEWSLETTER





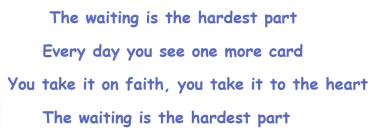
From CAAA President Pamela Peet

The Waiting....

When will pet therapy visits re-start? The simple answer is that we do not know. A contact from the AZ Department of Health Services stated there was no firm date we could expect to re-start.

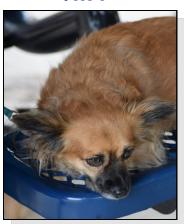
We all miss visiting the people so special to us knowing the need is great, especially right now. Our dogs are out of their normal routine with one place less to go, with one person less to greet and with one wagging tail 'in-wait'.

As we all wait, here is a verse from a Tom Petty song The Waiting, which seems relevant to our current circumstances:

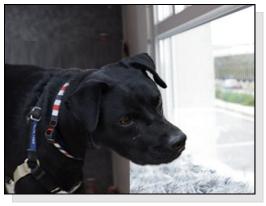




Jessie



Angel



Midnight



Gracie



A Social Pet Therapy
Program

THE COMPANION
ANIMAL
ASSOCIATION OF
ARIZONA, INC.
P.O. Box 5006
Scottsdale, AZ.
85261—5006
Phone (602) 258-3306
http://www.caaainc.org



OUR MISSION

To enhance the quality of lives of people by promoting the Human/Companion Animal Bond and to provide support when the bond is broken.



"My therapist has a big nose and a wagging tail" ~ Author Unknown ~

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Make the Most of Your Visit HELPING TO COMMUNICATE

The following information was derived in part from Hospice of the Valley BEFORE the current pandemic situation. Once visiting starts again facilities will likely have new guidelines regarding physical contact with patients, as will Hospice of the Valley. Some of the communicating suggestions in this article regarding "touch" may therefore change.

Many of the facilities we'll again start visiting are home to people who are living with dementia. This may not only cause difficulty with their thinking and memory, but also affects language skills. You may find they struggle to find words or stay on track with a topic. Some may even have lost their ability to verbally communicate. If so, remember you can still speak to them and have a positive visiting experience. After all you have one of the best nonverbal communicators in the world with you -your dog!

A few things to remember are to always be respectful and try to greet residents by name. Be encouraging if the person is having difficulty communicating with you or understanding. Be patient as it may take some time for them to respond. Talk slowly and show signs of caring in your tone of voice. Depending on their verbal skills, simple yes/no questions for them in a conversation are best.

Nonverbal language such as a smile, a slight touch or a hand shake are often well understood by persons with dementia. These nonverbal messages can come through to them more clearly than the words you speak. In fact, tests have shown that nonverbal communication makes up about half of all personal communicating (Source: The Hearing Journal).

The four main elements to keep in mind when communicating with patients living with dementia are eye contact, facial expressions & body language, tone of voice and touch. Add to these a wagging tail and you have the best communication of all.



A CAAA Visit - Limited words and unlimited smiles!



There are several ways you can help CAAA generate financial contributions by participating with our Community Partners.

- When shopping at Amazon on line, use:
 SMILE.AMAZON.COM
- When you enroll your Fry's VIP card in their Community Rewards Program
- Any real estate transactions with Richard Howell, North & Co. Real Estate. Email: richard@northandco.com
- Making United Way Agency
 Pledges using code:
 Companion Animal
 Association of Arizona
 TIN-94-2908620
- Intel encourages employees to pursue their passion to volunteer. The Intel Foundation matches the time they volunteer with a cash grant through the Intel Involved Matching Grant Program. CAAA is eligible to receive these cash grants.



YA CAN'T KEEP A GOOD DOG DOWN



Deborah Zapusek's Porscha has earned her Advanced and Performer trick titles during the Covid pandemic.



Cheyenne and Porscha spending time hiking at Boyce Thompson Arboretum while isolation continues from the pandemic

A Few Lesser Known (But Very Interesting) Facts About Dogs



Dogs drink with the back of their tongue - Dogs don't have cheeks, so they can't create suction to drink like we can. Dogs move their tongues very quickly backwards to build up momentum which forces water into a column and up into their mouths.

Indio

Dogs have 18 muscles that control their ears -

For reference, humans only have six. They can rotate and tilt their ears to listen to sound waves efficiently. Their ears can also move independently from each other, allowing them to hear sounds in different directions.



Lincoln



Dogs have three eyelids - Two of their eyelids are visible and one is hidden. The third eyelid sits in the inner corner of a dog's eyes and it has invisible tear glands.

Lark

A dog's sense of smell is 10,000 to 100,000 times more accurate than a human's - Dogs detect odors in parts per trillion. That is the equivalent of a dog finding one dirty sock in a pile of two million clean ones!



Jedi



Dogs dream, just like humans - Human brains and dog brains function similarly during sleep. We both have the same type of slow wave sleep and rapid eye movement (or REM). During the REM stage, dogs can dream just like humans. If you see your dog is sleeping and you see their paws moving or twitching, they are most likely dreaming.

Blake

(Source - Buzzfeed - Animals 1/3/2020)



THE VET'S

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Concerned About COVID 19 in Pets?

As a veterinarian, this has been my concern since the start of this pandemic. Things have changed daily since the beginning of this pandemic and will continue to evolve daily. The information I am providing is from the American Veterinary Medical Association (AVMA) and was last updated May 15, 2020. The AVMA obtains it's information from the CDC, FDA, USDA, WHO, IOE, state, national, international veterinary and public health expert groups, lawmakers and others. This article discusses that pets are not easily infected by SARS-Co-19 (COVID 19) and how to keep your pet safe during a pandemic whether it be hurricanes, tornadoes, Ebola, or Coronavirus.

Pets are Not Easily Infected by SARS-CO-2 (COVID-19)

Although there have been a few cases of Covid 19 in pets and zoo animals, the AVMA reports "There is little to no evidence that domestic animals are easily infected with SARS-CoV-2 under natural conditions and no evidence to date that they transmit the virus to people. The primary mode of transmission of COVID-19 in humans is person-to-person spread." This means that no animal has transferred COVID-19 to a person. The only animals infected have been living in close proximity to people who are infected with COVID-19. The two domestic cats diagnosed in New York had mild respiratory symptoms and were expected to make a full recovery.

For more information about the two cats and Bronx zoo tiger and dogs infected and recovering visit www.avma.org website, SARS-CoV-2 in pets.

Keeping Pets Safe During a Pandemic or Natural Disaster

Preparation is the key to success when dealing with an emergency situation. It is important to keep a 2 weeks supply of your pet's medication and food in case you have to evacuate or shelter in place. It is also advised that the same practices we keep should also apply to our pets such as keeping pets inside, preventing them from interacting with other pets/people, keeping them on a 6-foot leash and avoiding dog parks or other public places where a large number of people/pets gather.

If you should become infected with COVID19 the AVMA and CDC advise to "restrict contact with your pets and other animals, just like you would with other people; have another member of your household care for your pets while you are sick; avoid contact with your pet, including petting, snuggling, being kissed or licked, and sharing food or bedding. If you must care for your pet or be around animals while you are sick, wear a cloth face covering and wash your hands before and after you interact with them. You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home."

While this virus has been life altering for all of us "it is important to remember that there is no reason at this time to think that domestic animals, including pets, in the United States might be a source of infection with SARS-CoV-2."





CAAA 2020

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