AUGUST - SEPT. 2020 NEWSLETTER



No Fall CAAA Picnic

A Message From CAAA President Pamela Peet

It is with great disappointment that we will not be celebrating with each other at our usual annual fall picnic, due to the current COVID circumstances. The park is not even taking reservations, during this time.

Even though outdoor activities may be considered low risk, the board felt it better not to take a risk at all. We would have no social distancing control of strangers around us, besides the extra precaution of disinfecting the picnic tables and the concern of using the park public restroom.

We do hope you find a way to celebrate, especially when we get a relief from this heat. Do something different by having a picnic of your own inside or out.

Do something different with your dog, too. Whether inside or out, you could play a simple 'nosework' game. Hide treats and give them a job of finding them. You could even just use your hands by hiding a treat with a closed fist and ask them which hand. If they choose the wrong hand, open it up, show them and try again. If they choose the correct hand, then woo-hoo they get lots of praise!

We sure will miss seeing everyone, as our annual picnic and annual membership events are the two times a year everyone can gather to celebrate our pet-therapy mission and to share the love of what we do with each other.

Stay Well and Stay Safe,

The CAAA Board and Pet Therapy Committee:
Pam, Nancy, Sydni, Lee, Mary Anne, Melanie, April and Rick



A Social Pet Therapy Program

THE COMPANION
ANIMAL
ASSOCIATION OF
ARIZONA, INC.
P.O. Box 5006
Scottsdale, AZ.
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OUR MISSION

To enhance the quality of lives of people by promoting the Human/Companion Animal Bond and to provide support when the bond is broken.



"We give dogs time we can spare, space we can spare and love we can spare. And in return, dogs give us their all. It's the best deal man has ever made."

~ M Facklam ~

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What Have You Been Up to Lately?

With visiting on "hold" for now, here is what a few of our therapy teams have been doing.



Deb Zapusek - "Porscha with her brother Chase staying cool in this exceptionally hot summer."





April Crow - "During Quarantine, when Logan I would go walking, he would do all the sidewalk games that the neighbor kids drew. They had hop scotch, weaves and connect the dots. It was always fun to see what new adventure we would come across on our walks."



There are several ways you can help CAAA generate financial contributions by participating with our Community Partners.

- When shopping at Amazon on line, use: SMILE.AMAZON.COM
- When you enroll your Fry's VIP card in their Community Rewards Program
- Any real estate transactions with Richard Howell, North & Co. Real Estate. Email: richard@northandco.com
- Making United Way
 Agency Pledges using code:
 Companion Animal Assoc
 of Arizona
 TIN-94-2908620
- Intel encourages
 employees to pursue their
 passion to volunteer. The
 Intel Foundation matches
 the time they volunteer
 with a cash grant through
 the Intel Involved
 Matching Grant Program.
 CAAA is eligible to receive
 these cash grants.



Nursing Home COVID 19 Regulations Update By President Pamela Peet

On September 17th, the Centers for Medicare & Medicaid Services (CMS) issued revised guidelines for visitations and are encouraging nursing homes to facilitate outdoor visitation because it can be conducted in a manner that reduces the risk of transmission. They stated outdoor visits pose a lower risk of transmission due to increased space and airflow. The guidance released also allows for indoor visitation if there has been no new onset of COVID-19 cases in the past 14 days and the facility is not conducting outbreak testing per CMS guidelines. Indoor visitation is subject to other requirements as well as indicated in the guidance.

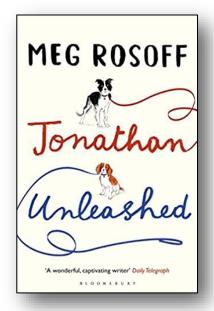
We have found some nursing homes have been quite creative during the COVID times in creating social distancing activities, such as:

- remote-control car races
- bingo and karaoke in doorways
- puzzle packet handouts
- some are providing a dedicated TV channel where staff present live Zumba and other fitness classes
- staff have created themed one-on-one activities, such as doing a craft project right in their room versus getting everyone together in a group
- playing noodle ball where seniors sit in a circle, six feet apart, while batting a ball around with pool noodles
- supplying robotic dogs and cats

So, to our pet-therapy teams, we are monitoring the situation, as we know everyone wants to get back to visiting those who need us the most.



Read Any Good (Dog) Books Lately?

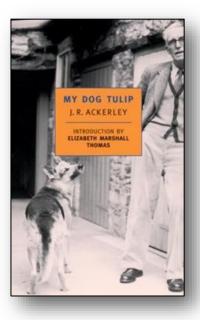


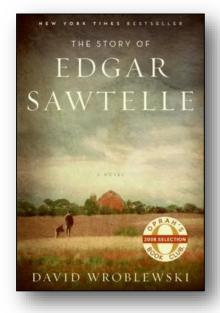
Jonathan Unleashed by Meg Rosoff

A hilarious new novel about a young New Yorker's search for happiness and the two dogs who help him find it. Jonathan Trefoil's boss is unhinged, his relationship baffling, and his apartment just the wrong side of legal. His girlfriend wants to marry someone just like him—only richer and with a different sense of humor. When his brother asks him to look after his dogs, Jonathan's world view begins to shift. Could a border collie and a cocker spaniel hold the key to life, the universe, and everything? Their sly maneuvering on daily walks and visits to the alluring vet suggest that human emotional intelligence may not be top dog after all. (*An Amazon review and 3 1/2 stars*).

My Dog Tulip by J.R. Ackerly

Heartwarming and profound, this account of a writer's relationship with his beloved German Shepherd is a masterpiece of animal literature. Some come to love late in life, as did this British author, J.R. Ackerley, when he rescued Queenie. Ackerlyy wrote this loving tribute to his "ideal friend" and her eccentricities and blatant misbehavior. The New Yorker called it "one of the bona-fide dog-lit classics," and a reader comments that, "Reading between the lines a bit, for he isn't in the least objective, nor tries to be, she was a holy terror. Thus his devotion to her is all the more touching." My Dog Tulip has been adapted to screen as a major animated feature film. (This Amazon review gives the book four stars.)





The Story of Edgar Sawtelle by David Wroblewski

Born mute, speaking only in sign, Edgar Sawtelle leads an idyllic life with his parents on their farm in remote northern Wisconsin. For generations, the Sawtelles have raised and trained a fictional breed of dog whose remarkable gift for companionship is epitomized by Almondine, Edgar's lifelong friend and ally. When catastrophe strikes, he finds his once-peaceful home engulfed in turmoil. Forced to flee into the vast wilderness beyond the farm, Edgar comes of age in the wild, fighting for his survival and that of the three yearling dogs who accompany him, until the day he is forced to choose between leaving forever or returning home to confront the mysteries he has left unsolved. (Review in Amazon and given four stars)

A Few Lesser Known (But Very Interesting) Facts About Dogs



Do dogs laugh? There is a lot of debate among animal behaviorists but most agree that dogs can't laugh, at least not in the sense that humans can. However, dogs can make a sound that is similar to a laugh, which they typically do when they are playing. It's caused by a breathy panting that's forcefully exhaled. It's considered to be a play-pant rather than a dog laugh and dogs use it to invite humans and other dogs to play. (Source - Buzzfeed)

Skeeter

Do Dogs Smile? Much like with laughing, dogs don't smile in the same way as humans. However, dogs do make their faces look just like a smile. This happens when they open their mouths and pull back their lips, letting their tongues lap over their teeth. This "dog smile" occurs when they are relaxed and appear happy and also often in response to a human smile, which is a phenomenon called laughter contagion.

(Source - Purina Website)



Sinders



Do Dogs Yawn? Yawning is contagious between people and dogs. Studies have shown that a dog is likely to yawn if it sees a person yawning. And if that person is its owner, it is five times more likely to do so. (Source - AKC Website)

Crystal

They really are HOT Dogs - It's important to keep our dogs cool during these hot summer days in Arizona. Remember, not only are dogs always wearing a fur coat, they also have to contend with a higher body temperature than you. Humans have a normal body temperature of 98.6, but a dog's is 100.4. That's one reason fleas are more likely to be attracted to your dog than to you. And unlike humans, dogs don't have sweat glands all over their body, just on the pads of their paws.

(Source - Buzzfeed)



Jake



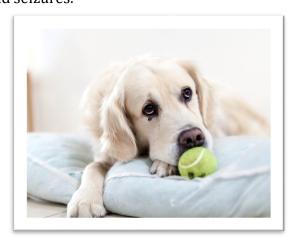
CHE VET'S



HIDDEN TOXICITIES IN PETS

Many of us know that's certain plants like Poinsettia's and lilies and foods like grapes and chocolate can be toxic to pets, but there are also toxins that affect our pets that are not so easily recognized.

The first of these is xylitol. Xylitol is a naturally occurring sugar alcohol used as a sweetener in many common human foods. It is thought that replacing sugar with xylitol may promote better human dental health. It can be found in mouthwash, chewing gum, toothpaste, candy, sugar free foods, throat spray, chewable vitamins, cake mixes, certain peanut butters, pudding's, Jello-O's, protein bars, etc. Dogs that ingest a toxic dose of xylitol will experience low blood sugar (hypoglycemia) and elevated liver enzymes. Signs of toxicity may include vomiting, lethargy, loss of coordination, depression and seizures.



Another common and sometimes hidden toxicity in dogs is human medications in the form of topical creams. One product is fluorouracil, a topical cream, that is spread on the skin of a human to treat skin cancer. A pet gets intoxicated by ingesting the cream from the tube or licking the cream off the skin of treated people. This drug has a narrow safety margin and 30% of dogs showing clinical signs will die after exposure. It causes severe gastrointestinal upset, seizures, pulmonary edema and bone marrow suppression. Many other human topical medications have NSAID's (nonsteroidal anti-inflammatories) such a diclofenac or flurbiprofen, in them to help with muscle pain and inflammation. If these medications are ingested, they can cause lethargy, vomiting, anemia, kidney failure and death if no veterinary treatment is sought.

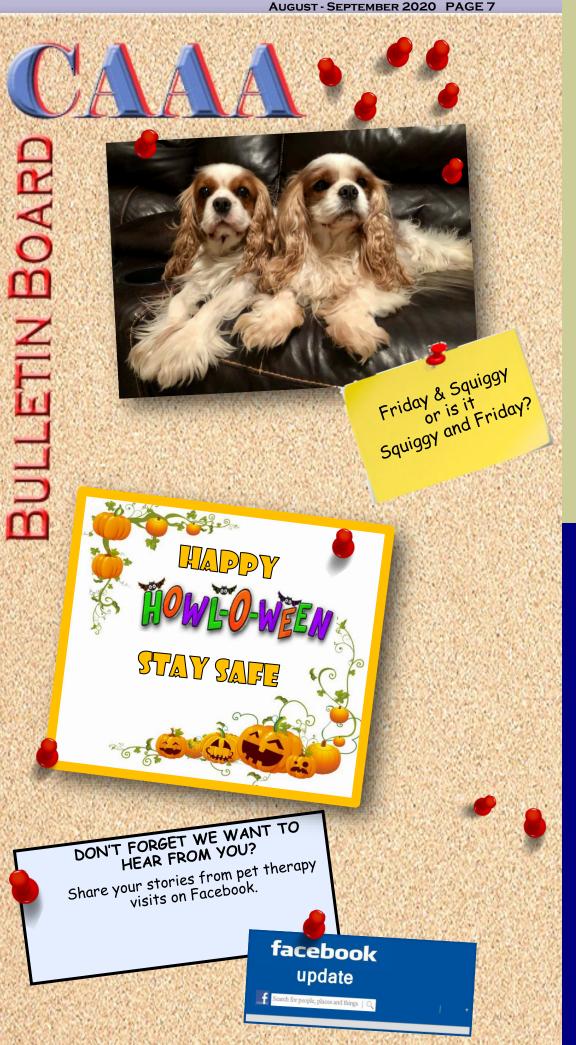


It's best to keep all products that we use that are potentially toxic to pets in safe, closed and elevated cabinets to prevent accidental ingestion.

When a dog makes visits for social pet therapy it is very important that they do not lick the skin of those they visit to prevent accidental ingestion of topical medications. If there is any accidental ingestion veterinary care should be sought immediately.







CAAA 2020

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